

(19) World Intellectual Property
Organization
International Bureau



(43) International Publication Date
17 February 2005 (17.02.2005)

PCT

(10) International Publication Number
WO 2005/014119 A1

(51) International Patent Classification⁷: **A63B 21/068**

(21) International Application Number:
PCT/SE2004/001164

(22) International Filing Date: 5 August 2004 (05.08.2004)

(25) Filing Language: Swedish

(26) Publication Language: English

(30) Priority Data:
0302185-4 8 August 2003 (08.08.2003) SE

(71) Applicant and

(72) Inventor: SJÖDIN, Torbjörn [SE/SE]; Regeringsgatan
85, S-111 39 Stockholm (SE).

(74) Agent: ERIKSSON, Kjell; Norrtelje Patentbyrå AB, P.O.
Box 38, S-761 21 Norrtälje (SE).

(81) Designated States (*unless otherwise indicated, for every
kind of national protection available*): AE, AG, AL, AM,

AT, AU, AZ, BA, BB, BG, BR, BW, BY, BZ, CA, CH, CN,
CO, CR, CU, CZ, DE, DK, DM, DZ, EC, EE, EG, ES, FI,
GB, GD, GE, GH, GM, HR, HU, ID, IL, IN, IS, JP, KE,
KG, KP, KR, KZ, LC, LK, LR, LS, LT, LU, LV, MA, MD,
MG, MK, MN, MW, MX, MZ, NA, NI, NO, NZ, OM, PG,
PH, PL, PT, RO, RU, SC, SD, SE, SG, SK, SL, SY, TJ, TM,
TN, TR, TT, TZ, UA, UG, US, UZ, VC, VN, YU, ZA, ZM,
ZW.

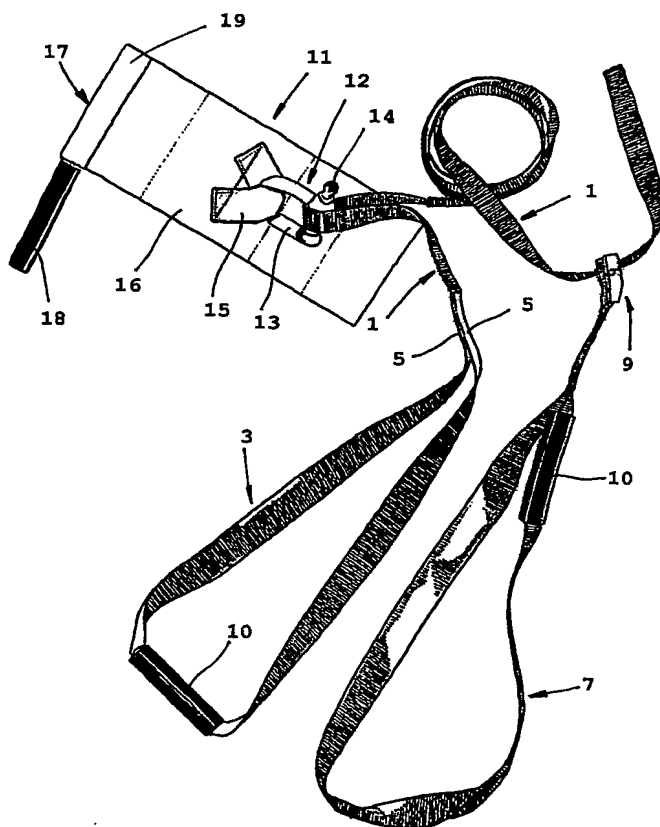
(84) Designated States (*unless otherwise indicated, for every
kind of regional protection available*): ARIPO (BW, GH,
GM, KE, LS, MW, MZ, NA, SD, SL, SZ, TZ, UG, ZM,
ZW), Eurasian (AM, AZ, BY, KG, KZ, MD, RU, TJ, TM),
European (AT, BE, BG, CH, CY, CZ, DE, DK, EE, ES, FI,
FR, GB, GR, HU, IE, IT, LU, MC, NL, PL, PT, RO, SE, SI,
SK, TR), OAPI (BF, BJ, CF, CG, CI, CM, GA, GN, GQ,
GW, ML, MR, NE, SN, TD, TG).

Published:

— with international search report

[Continued on next page]

(54) Title: EXERCISING DEVICE



(57) Abstract: The present invention relates to an exercising device that comprises a first strap (1), loops (3, 7) attached to the first strap (1) and an anchorage means (11) that is intended to be fixed to a base, said anchorage means (11) being designed to receive the first strap (1) in such a way that the first strap (1) is displaceable in its longitudinal direction relative to the anchorage means (11). It is significant of the invention that at least one loop (3, 7) has such a length/circumference that it may be mounted around the body, e.g. the waist of the chest, of a user.



For two-letter codes and other abbreviations, refer to the "Guidance Notes on Codes and Abbreviations" appearing at the beginning of each regular issue of the PCT Gazette.